

Referral Treatment Guide: Please send referral to provider workload if you are within SRHC system. If not please send active fax or call. It greatly helps expedite and improve patient care if referring provider notes are completed and reflect specific reason/ goals for referral. Thank you.

Salina Regional Podiatry Treats:

- Ankle Sprains, Achilles Tendonitis, Arthritis, Bone Spurs, Bone Tumors, Bunions and Hammertoes, Charcot, Chronic Foot and Ankle Pain, Edema, Fallen Arches, Foot Fractures and Sprains, Flat Foot, Ganglion Cysts, Gout, Heel Pain, Ingrown Toenails, Neuromas, Plantar Fasciitis, Posterior Tibial Tendon Dysfunction, Soft Tissues Masses, Sesamoiditis, Toe Pain and Wound Care.
- Dr. Cosens does see ankle injuries.

IMAGING: Prior to Patient Being Seen by Podiatry:

- All Foot/Ankle Pain, Fractures, Injuries, Masses and Suspected Foreign Body need **3 view, weight bearing X-rays** prior to being seen. Images from clinics outside of the SRHC system will need to be in the cloud or have patient bring images if they can't be sent another way.

LABS: Non Emergent Foot/Ankle Wounds: please obtain infection labs (CBC, CMP, CRP and ESR), wound cultures.

LABS: Emergent Wound (Diabetic, Injury, etc): please obtain infection labs, wound culture. A call to Clinic Lead is preferred so that we are able to get patient in ASAP.

In Office Procedures:

- Joint Injections, Tendon Tenotomies for Hammertoes, Toenail Removals (Permanent/Temporary Removal and Partial or Total Nail), Short Casting, and Specialized Grafting for Wounds.

Dr. Lucas Cosens Surgical Procedures

- Amputations, Bunions and Hammertoe Repair, Charcot Reconstruction, Foot/Ankle Reconstruction, Ankle/Toe Joint Replacement and Implants, Ankle Arthroscopy, Neuroma Excisions, Tendon Repair, Forefoot Fx, Pediatric to Geriatric Surgery

Dr. Rebecca Johnson Surgical Procedures

- Amputations, Bunions and Hammertoe Repair, Neuroma Excisions, Plantar Fasciotomies, Pediatric to Geriatric Surgery

Patients/Conditions we typically refer elsewhere or require testing prior to being seen.

- Fungal Nails and Medications are not managed by our Providers as there isn't a great treatment. The only option is to permanently remove the nail.
- Patients with skin conditions of the foot should be referred to a Dermatologist.
- Patients with warts should be seen by Dermatology first. If they aren't successful in eliminating the warts, we can assess.
- **Neuropathy** will need to be referred for a Nerve Conduction Study to assess condition. That will determine if patient needs to be referred to Neurology or Neurosurgery rather than Podiatry. Once testing is complete, results will indicate the specialty patient should see.
- Our Providers do not manage routine Toenail and Callus Care, however, if the patient has a wound under a callus, we will see them. Patients needing basic foot care can be seen at the Salina Senior Center as they provide a foot care clinic. Hermes is also available for patients in and outside of Salina.